

# Your Good Team Building day

 **Date**

TBC

 **Timings**

**9:15am:** Arrival at Cardigan House

**9:30am:** Health & Safety Briefing

**9:40am:** Activities Begin

**12:30pm:** Lunch

**1:00pm:** Return from Lunch & Afternoon Brief

**1:10pm:** Activities Resume

**3:30pm:** Begin Clear-Up

**4:00pm:** GTB Day Completed


*Please note: These timings are a guide. We encourage regular breaks throughout the day, as the activities can be physically demanding but highly rewarding. If you have individual commitments (e.g., childcare) and need to leave the site early, please inform the Project Facilitator on the day. This is essential for health and safety and to manage project progress effectively.*

**Location**


 Venue: TBC

 Address: Ferncliffe Rd, Bingley BD16 2TA

 What3Words: ///shrug.trip.depravity


 Parking: Limited parking available on Church Street and Hall Lane.

**Refreshments & Lunch**


 Refreshments: Tea, coffee, and general refreshments will be provided by the host organisation.

 Lunch: You are welcome to bring a packed lunch or explore local eateries nearby.

**What to Wear**

 Clothing: Wear old, robust clothing that you don't mind getting paint on. Paint overalls will be provided, but they do not guarantee protection against all stains. Personal protective equipment (PPE), including latex-free gloves, will be provided where necessary.

**Health & Safety**

 Risk Assessment: A detailed risk assessment can be downloaded [HERE](#). Please ensure you follow all safety guidelines provided by the Project Facilitator.

**Contact Information**

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Thank you for joining us for this Good Team Building Day. Your participation will make a real difference, and we can't wait to share this rewarding experience with you.