# Your Good Team Building day

**77 Date**Wednesday 26th March 2025

Timings
9:30am: Arrival at Lower Grange CC
9:45am: Health & Safety Briefing
9:50am: Activities Begin
12:30pm: Lunch
1:00pm: Return from Lunch & Afternoon Brief
1:10pm: Activities Resume
3:30pm: Begin Clear-Up
4:00pm: GTB Day Completed

Please note: These timings are a guide. We encourage regular breaks throughout the day, as the activities can be physically demanding but highly rewarding. If you have individual commitments (e.g., childcare) and need to leave the site early, please inform the Project Facilitator on the day. This is essential for health and safety and to manage project progress effectively.

## Location

Venue: Lower Grange Community Centre

Address: 10 Chaffinch Rd, Bradford BD8 0RF

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- Parking: There is on street parking available, however, where possible, car sharing is encouraged.

## **Refreshments & Lunch**

Refreshments: Tea, coffee, and general refreshments will be provided by the host organisation.
Unch: You are welcome to bring a packed lunch or explore local eateries nearby.

## What to Wear

Clothing: Wear old, robust clothing that you don't mind getting paint on or dirty. We will be completing a mixture of construction, landscaping and painting timber. Personal protective equipment (PPE), including latex-free gloves, will be provided where necessary. Please dress for the weather. We will be outdoors all day.

### Health & Safety

A Risk Assessment: A detailed risk assessment can be downloaded from the project page soon Please ensure you follow all safety guidelines provided by the Project Facilitator.

## **Contact Information**

Name: Luke Dennison Phone: 07518130186 Email: luke@participateprojects.org.uk

Thank you for joining us for this Good Team Building Day. Your participation will make a real difference, and we can't wait to share this rewarding experience with you.



We Look Forward to Seeing You There!

participate