# Your Good Team Building day

### 7 Date

Friday 23<sup>rd</sup> May 2025

## Timings

9:30am: Arrival at Ilkley Youth and Community Centre

**9:45am:** Health & Safety Briefing

9:50am: Activities Begin 12:30pm: Lunch

1:00pm: Return from Lunch & Afternoon Brief

1:10pm: Activities Resume 3:30pm: Begin Clear-Up 4:00pm: GTB Day Completed

Please note: These timings are a guide. We encourage regular breaks throughout the day, as the activities can be physically demanding but highly rewarding. If you have individual commitments (e.g., childcare) and need to leave the site early, please inform the Project Facilitator on the day. This is essential for health and safety and to manage project progress effectively.

#### Location

₹ Venue: Café West

Address: Little Ln, Ilkley LS29 8HZ

What3Words: ///vans.unpainted.bigger

A Parking: There is a very small car park for approx. 5 vehicles. On street parking is limited and restricted bay permit holder only bays. Our recommendation is to park at HST office and take a short 10minute walk to the centre.

#### **Refreshments & Lunch**

Refreshments: Tea, coffee, and general refreshments will be provided by the host organisation.

Lunch: There are many local eatieries open during your team day a short walk into Ilkley. You are also welcome to bring a packed lunch

#### What to Wear

Clothing: Wear old, robust clothing that you don't mind getting paint on. Paint overalls will be provided, but they do not guarantee protection against all stains. Personal protective equipment (PPE), including latex-free gloves, will be provided where necessary.

#### **Health & Safety**

A Risk Assessment: A detailed risk assessment can be downloaded from the project page Please ensure you follow all safety guidelines provided by the Project Facilitator.

#### **Contact Information**

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