

# Your Good Team Building day

 **Date**

Tuesday 29th April 2025

 **Timings**

**9:15am:** Arrival at St Michaels Community Hall

**9:30am:** Health & Safety Briefing

**9:40am:** Activities Begin

**12:30pm:** Lunch

**1:00pm:** Return from Lunch & Afternoon Brief

**1:10pm:** Activities Resume

**3:30pm:** Begin Clear-Up

**4:00pm:** GTB Day Completed

*Please note: These timings are a guide. We encourage regular breaks throughout the day, as the activities can be physically demanding but highly rewarding. If you have individual commitments (e.g., childcare) and need to leave the site early, please inform the Project Facilitator on the day. This is essential for health and safety and to manage project progress effectively.*

## Location

 Venue: St Michaels Community Hall

 Address: 52 Bracken Bank Grove, Keighley BD22 7BE

The centre is down the dead end opposite Bracken Arms - use W3W below for specific location

 What3Words: ///hopes.linked.zebra


 Parking: TBC.

## Refreshments & Lunch


 Refreshments: Tea, coffee, and general refreshments will be provided by the host organisation.

 Lunch: You are welcome to bring a packed lunch or explore local eateries nearby.

## What to Wear

 Clothing: Wear old, robust clothing that you don't mind getting paint on. Paint overalls will be provided, but they do not guarantee protection against all stains. Personal protective equipment (PPE), including latex-free gloves, will be provided where necessary.

## Health & Safety

 Risk Assessment: A detailed risk assessment can be downloaded from the project page  
Please ensure you follow all safety guidelines provided by the Project Facilitator.

## Contact Information

**Name:** Luke Dennison

**Phone:** 07518130186

**Email:** luke@participateprojects.org.uk

Thank you for joining us for this Good Team Building Day. Your participation will make a real difference, and we can't wait to share this rewarding experience with you.