

# Your Good Team Building day

 **Date**

Monday 16th June 2025

 **Timings**

**9:30am:** Arrival at The Life Centre

**9:45am:** Health & Safety Briefing

*(Repeated upon PM volunteers arrival)*

**9:50am:** Activities Begin

**12:30pm:** Lunch

**1:00pm:** Return from Lunch & Afternoon Brief

**1:10pm:** Activities Resume


**3:30pm:** Begin Clear-Up

**4:00pm:** GTB Day Completed


*Please note: These timings are a guide. We encourage regular breaks throughout the day, as the activities can be physically demanding but highly rewarding. If you have individual commitments (e.g., childcare) and need to leave the site early, please inform the Project Facilitator on the day. This is essential for health and safety and to manage project progress effectively.*

## Location


 **Venue:** The Life Centre


 **Address:** Bierley House Ave, Bradford BD4 6BU

 **What3Words:** ///also.slick.charmingly


 **Parking:** Onsite Parking is Limited so please utilise onstreet parking, being concious of local residents driveways etc. **Car Sharing is strongly encouraged.**

## Refreshments & Lunch


 **Refreshments:** Tea, coffee, and general refreshments will be provided by the host organisation.

 **Lunch:** Vanquis will be providing lunch from the Vanquis café. Please confirm order and any allergies with your team leader.

## What to Wear

 **Clothing:** Wear old, robust clothing that you don't mind getting paint on. Paint overalls will be provided, but they do not guarantee protection against all stains. Personal protective equipment (PPE), including latex-free gloves, will be provided where necessary.

## Health & Safety

 **Risk Assessment:** A detailed risk assessment can be downloaded from the project page  
Please ensure you follow all safety guidelines provided by the Project Facilitator.

## Contact Information

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