# Your Good Team Building day

**Date** Wednesday 11th June

Timings
9:30am: Arrival at Meanwood Urban Farm
9:45am: Health & Safety Briefing
9:55am: Activities Begin
12:30pm: Lunch
1:00pm: Return from Lunch & Afternoon Brief
1:10pm: Activities Resume
3:30pm: Begin Clear-Up
4:00pm: GTB Day Completed

Please note: These timings are a guide. We encourage regular breaks throughout the day, as the activities can be physically demanding but highly rewarding. If you have individual commitments (e.g., childcare) and need to leave the site early, please inform the Project Facilitator on the day. This is essential for health and safety and to manage project progress effectively.

### Location

 ¶ Venue: Meanwood Urban Farm

 Address: Sugar Well Rd, Meanwood, Leeds LS7 2QG

 <sup>®</sup> What3Words: ///good.engage.bunny

 Parking: There is free onsite parking available. We do encourage car sharing.

## **Refreshments & Lunch**

Refreshments: Tea, coffee, and general refreshments will be provided by the host organisation.
In Lunch: You are welcome to bring a packed lunch or order from the onsite cafe

#### What to Wear

Clothing: Wear old, robust clothing that you don't mind getting paint on. Paint overalls will be provided, but they do not guarantee protection against all stains. Personal protective equipment (PPE), including latex-free gloves, will be provided where necessary.

## Health & Safety

A Risk Assessment: A detailed risk assessment can be downloaded Please ensure you follow all safety guidelines provided by the Project Facilitator.

## **Contact Information**

Name: Luke Dennison Phone: 07518130186 Email: luke@participateprojects.org.uk

Thank you for joining us for this Good Team Building Day. Your participation will make a real difference, and we can't wait to share this rewarding experience with you.



We Look Forward to Seeing You There!

participate